"<u>Flee</u> also youthful lusts: but follow righteousness, faith, charity, peace, with them that call on the Lord out of a pure heart." 2 Timothy 2:22

Lust is what the body desires. Most thought is generated by a bodily desire. Say, for example, you burn your finger. You immediately desire relief and it consumes your thoughts, but if you burned your finger trying to escape a burning building, desire for relief would be overwhelmed by desire to escape, because the more important matter of survival would consume your thoughts! Satan's fiery darts set our mind ablaze, because we obey our body and our spiritual survival instinct is dulled from lack of study and meditation in God's Word. We are oh, so fond of preaching God's forgiveness, but we abdicate His commands! God will remove the unrepentant (prideful) believer from temptation permanently if they do not flee it! Nowhere in Scripture are we told to RESIST temptation, only Satan, but there is a prerequisite condition attached to success. "God resisteth the proud (unrepentant), but giveth



grace unto the humble. SUBMIT yourselves therefore to God (obey). RESIST the devil, and he will flee from you. Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: Whom resist stedfast IN THE FAITH." SUBMIT and then RESIST. If you have not submitted to God, are not obedient to His Word, any resistance to Satan is futile! Satan will not flee you, only God, so you must walk with (obey) God! God will let the fire burn you if you stray! Spiritual strength can only be improved by constant communion with the Holy Ghost. "Pray without ceasing." He will alert us instantly to any danger by God's Word in thought. We often ignore Him, as we allow bodily desire to burn out of control. Our shield of faith is trusting obedience to and meditation in God's Word. It will quench every fiery dart of desire contrary to God's will, but "Faith without works (obedience) is dead!" The Spirit will guide thought and thereby actions, into all Truth if we obey study and meditate in God's Word. One spark ignites a conflagration if tinder is dry. Keep your mind saturated with the Water of God's Word. In the Amazon jungle, cleared land would have to dry for months before you could burn the piles of brush and even then you needed kerosene to start it. I always carried a small container of kerosene and a waterproof match container into the jungle and even then, a fire was extremely difficult. Satan's darts are the evil which surrounds us, striking constantly like lightning in a dry forest unless we keep God's Word in thought and not have tinder (lust) for Satan to use as a fire starter. The jungle won't burn because it rains 80 inches a year. Let your mind be a rainforest saturated with God's Word! Satan can't start a fire in the rain. Temptation strikes all around you! You don't run toward lightning! Keep thought filled with God's Word and He will be your lightning rod!

> Follow after what is true, Satan's darts won't bother you, Sin will not your heart destroy, You will have God's peace and joy. ~CGP

Sharpen your survival skills and always "flee" the fire of desire by meditation (thinking) on God's Word. How many times a day does God's Word actually enter your thoughts? Be honest! "Meditate (think) therein DAY AND NIGHT!" Well? A "right" mind equals a "right" life!

"Thy Word have I hid in mine heart (thoughts), that I might not sin against Thee." Psalms 119:11 KJV